



# Interface

## Newsletter of the Gardiner Library Service

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### Save Time! GLS Brings you Article Ordering Direct from PubMed

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Perform your search, highlight articles you wish to order by placing a tick in the checkbox. When you have identified all items of interest, select 'Order' from the dropdown menu next to the 'Send To' button and then click the 'Send to' button. After you've read and accepted the copyright conditions, a list of your articles will appear. You have the opportunity to review these and remove any you do not wish to order. Follow the prompts. You will be required to register as a user of the service if you have not previously ordered articles through the library's website. To review these steps go to our online tutorial at [www.gardinerlibrary.com](http://www.gardinerlibrary.com) Any inquiries regarding this service can be directed to Steve Mears on 49213780

This service is available to any person using PubMed from the library's website or via the following URL, [www.ncbi.nlm.nih.gov/entrez/query.fcgi?tool=iauhhglib](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?tool=iauhhglib)

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### UpToDate – Coming Soon

We had an overwhelming response when we trialed UpToDate late last year. Up to 945 hits were recorded by our users in one 7 day period. Formal survey responses and correspondence from our medical staff have indicated overwhelming support for the purchase of this product. As the cost for institutional subscription is upward of \$35,000US per annum we are currently exploring funding opportunities to secure the purchase of this resource.

UpToDate is specifically designed to answer the clinical questions that arise in daily practice, doing it quickly and easily and at the point of care. Physician editors and authors review and update content on a continuous basis, with a new, peer reviewed version available every four months. The published evidence is summarised and specific recommendations made for patient care. More information about UpToDate is available from [www.uptodate.com](http://www.uptodate.com). We'll make a big announcement when it arrives!!

### Latest on Library's Loft

Information just in has work scheduled to begin during July on renovations and the construction of the mezzanine level information commons at our John Hunter Hospital Branch. With the pre-tendering process now complete it is anticipated that the project will be underway toward the middle of the year. You may have noticed that we've been busy during January preparing for the move by transferring closed journal runs and back-runs of current titles to our Royal Newcastle branch.

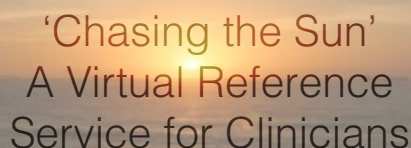
Are you a winner?

See page 6 for further details

## Interactive Anesthesia

This award-winning CD-ROM allows instant access to the full contents of seven of the most respected texts in the field of anesthesia. The updated Version 3.0 contains many new editions, including: Cousins and Bridenbaugh, **Neural Blockade in Clinical Anesthesia and Management of Pain, Third Edition**; Stoelting, **Pharmacology and Physiology in Anesthetic Practice, Third Edition**; Yao, Yao and Artusio's **Anesthesiology: Problem-Oriented Patient Management, Fourth Edition**; Barash, Cullen, and Stoelting, **Clinical Anesthesia, Fourth Edition** and **Handbook of Clinical Anesthesia, Fourth Edition**; and Connelly and Silverman, **Review of Clinical Anesthesia, Third Edition**. Also included is Humes, **Kelley's Textbook of Internal Medicine, Fourth Edition**.

Incorporated into this wealth of clinical information are over one thousand questions, answers, explanations, and case studies--making this a powerful research tool perfect for reference, study, and review. Many new video segments have been added to Version 3.0, hyperlinked to relevant text material. Contact Steve in the library on 49213780 to get connected.



### 'Chasing the Sun' A Virtual Reference Service for Clinicians

Clinicians now have access to an emergency out of hours online reference facility- the 'Chasing the Sun' virtual reference service. The service provides access to trained librarians who can access online databases on behalf of clinicians with urgent information requests outside of normal office hours.

A collaborative project of the South Australian Health Libraries Consortium and the UK National Health Service Libraries in the South West of England, Chasing the Sun was recently recognised for its "collaborative approach and innovation in the use of technology to solve a problem and provide an extended service" at the 2004 International Information Industry Awards in London. The 'Chasing the Sun' service relies on librarians in different time zones providing expertise for an after-hours virtual reference service to clinicians and is designed to assist in answering urgent or pressing information queries relating to direct patient care. For more information contact the library on 49213779.

*Photo: Courtesy of award winning amateur photographer and Gardiner Library Service staff member Diane Schofield.*

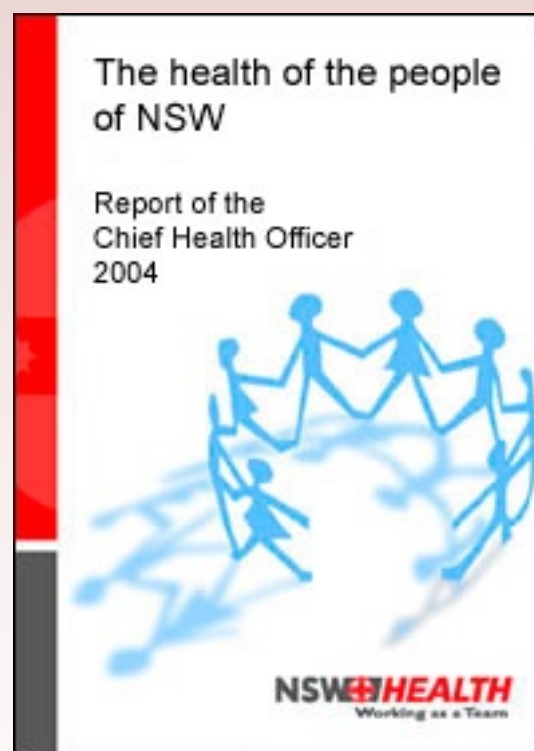
## The Health of the People of NSW - Report Now Available!

Did you know?

- The age-adjusted death rate in NSW has almost halved in the last 20 years;
- In 2003 over 86% of all NSW residents aged less than 55 years and 75% of residents over 55 years rated their health as good or better;
- Cardiovascular diseases cause about 18,000 deaths and more than 150,000 hospitalisations of NSW residents each year;
- Between 1983 and 2002 the incidence rate for all cancers rose by almost 20%;
- Among children around 1/3 have evidence of tooth decay. Among adults over 1/3 have all of their natural teeth.

Published in December 2004, the report is the 5<sup>th</sup> in a series that began in 1996. It provides an overview of the health of the people of NSW, presents trends in key health indicators, demonstrates health inequalities and highlights emerging health priorities and new health data sources.

The report will be of interest to public health practitioners, planners, policy analysts, researchers, health workers, students and health consumers. The report is available via the NSW Health website at [www.health.nsw.gov.au/public-health/chorep/chorep.html](http://www.health.nsw.gov.au/public-health/chorep/chorep.html) a variety of formats including Acrobat PDF. A hardcopy is available in the library, JHH Branch.



# NSW Health joins BioMed Central

Support the Open Access initiative and have your article published in a BioMed Central publication for FREE! Now that NSW Health is an institutional member all employees are eligible to have their publication fees waived.

Advantages of publishing with BioMed Central are:

- Research articles published in BioMed Central's 100+ biomedical and clinical journals are freely and universally available online with no access barriers;
- Papers are available in PDF form;
- Work is more likely to be cited as full-text available to all;
- Copyright is retained by the author(s);
- Colleagues can use and disseminate work without restriction, for educational and scientific purposes
- BioMed Central provides statistics on the number of accesses to articles published;
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All articles in Biomed Central journals are available via PubMed and Medline bibliographic databases and are permanently archived in PubMed Central and a range of other archives.

You can visit BioMed Central at [www.biomedcentral.com](http://www.biomedcentral.com)

**Links to freely available full-text articles from BioMed Central journals should soon be available from the OVID databases via CIAP. (check this out)**

*Source: CLAP newsletter February 2005 p3.*

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Hunter Rehab is a multi-disciplinary business unit of HNEHS that offers a range of services including Occupational Therapy, Physiotherapy, Return to Work and Counselling.

In addition to this, in the physiotherapy department we offer a range of different exercise classes including Pilates, Active over 50's and **Heartmoves**.

**Heartmoves** is a self-paced, self-perceived land based gentle exercise class, which is beneficial to many health conditions.

It was first established as a project between Hunter Health staff and the Newcastle branch of the Heart Foundation as a safe and beneficial form of exercise for post heart trauma patients upon completion of their out-patient programmes.

The Diabetes Department soon joined and so the programme developed. It is now run in many gyms, community and church halls and now at Hunter Rehab.

There is a range of benefits for referring clients/patients of Hunter Rehab to participate in **Heartmoves** and some of these include:

- Maximum 8 per class
- No stairs to get to exercise area
- \$5 per class or \$50 for 12 classes.
- Fun relaxed atmosphere overlooking bush land
- Easy gym and exercise room access for variety

We currently hold classes on Tuesdays and Thursdays at 10.00am, timetabled to increase the number of classes, with increased number of clients

For more information or to speak to Jo, our instructor, please call Hunter Rehab on 4921 4105.



## Google to digitise holdings of leading libraries'.

Google will use a specially-designed scanner to digitise the full text of non-copyright works in some of the world's greatest libraries. At a production cost of about \$10 per book, Google has agreements with universities including Oxford, Stanford and Harvard, as well as the New York Public Library. Digitised volumes will appear online from mid 2005. Copyright works will be partially accessible. Although the project may increase access, some people lament that it is at the expense of gaining knowledge in the reading.

The Dean of Library Services at California State University, Michael Gorman, wrote in *Newsday* that reading scholarly books is more valuable than simply supplying facts by way of Google hits. He also doubts that people who resolve to read the book are unlikely to do it online or print it out. Mourning the imminent deaths of libraries, the book and even inter-library loans is premature, he says.

Source: [www.newsday.com](http://www.newsday.com)



## Have you tried Google Scholar?

Google Scholar is a beta website that enables you to search specifically for scholarly literature, including peer-reviewed papers, theses, books, preprints, abstracts, and technical reports from all areas of research. It will find articles from a wide variety of academic publishers, professional societies, preprint repositories and universities, as well as scholarly articles available across the web.

Just as with Google Web Search, Google Scholar orders your search results by how relevant they are to your query, so the most useful references should appear at the top of the page. This relevance ranking takes into account the full text of each article as well as the article's author, the publication in which the article appeared and how often it has been cited in scholarly literature. Google Scholar also automatically analyses and extracts citations and presents them as separate results, even if the documents they refer to are not online. This means your search results may include citations of older works and seminal articles that appear only in books or other offline publications.

Warning...our experience reveal that using a specific database such as PubMed provides more reliable results.

Check it out at: [www.scholar.google.com](http://www.scholar.google.com)

# Bookmark

## Bmjupdates+ EBM tool tailored to your needs

<http://bmjupdates.mcmaster.ca/>

BMJ Publishing Group and McMaster University's Health Information Research Unit are collaborating to provide you with access to current best evidence from research, tailored to your own health care interests, to support evidence-based clinical decisions.

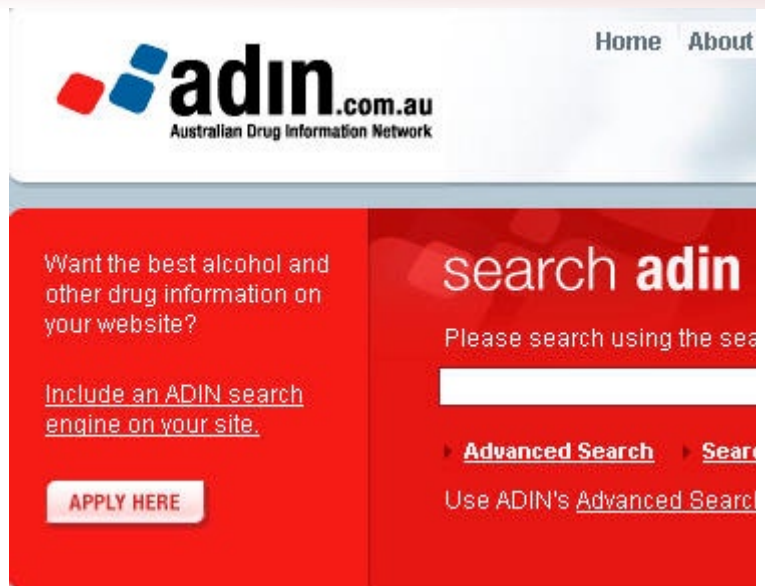
This service is unique: all citations (from over 110 premier clinical journals) are pre-rated for quality by research staff, then rated for clinical relevance and interest by at least 3 members of a worldwide panel of practicing physicians. Here's what's on offer:

- A searchable database of the best evidence from the medical literature
- An email alerting system
- Links to selected Evidence-Based resources

Users of BMJ Updates with interests in a specific clinical problem or treatment are invited to use the openly accessible search engine to look up topics covered in the McMaster PLUS database published as far back as 2002.

Physicians who are in general practice or primary care, internal medicine or its subspecialties are invited to register their interests so that they can receive email alerts and searching access to literature that is matched to their personal clinical interests.

Next issue of Bookmark will feature selected sites in dental health.



## Australian Drug Information Network

[www.adin.com.au](http://www.adin.com.au)

Do you need information about alcohol and other drugs, drug prevention, treatment services, research, community programs, health statistics, Government policies or new drug trends?

This site has been re-launched and has a powerful search engine that brings together more than 1300 sites relating to alcohol and other drugs internationally, searching them for your areas of interest. Every site has been critically reviewed for relevance, credibility, currency and functionality, and ranked according to the provider.

Regularly updated, these reviews give the **adin** searcher a handy summary of each site, so you can quickly and easily identify which sites are worth visiting.

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# ABS@

ABS@ is an information service providing you with the Australian Bureau of Statistics full standard product range direct to your desktop.

ABS@ allows you to conveniently access;

- All ABS publications from 1998 onwards, mostly in Adobe Acrobat format (.pdf);
- Over 2,000 spreadsheets containing economic and social time-series data;
- Data cubes in the form of multidimensional datasets in SuperTABLE format and Excel Spreadsheets;
- 1996 and 2001 Census data;
- Information on concepts underlying ABS statistical collections (information papers);
- A directory of sources of statistical information;
- Other information, including Main Features, Media Releases, Release Advices and Australia Now – the latest statistical profile on the nation.

Information on this site is updated daily, within 24 hours of release.

Staff of Hunter New England Health can access the site at <http://abs.sl.nsw.gov.au>

No username or passwords are required. Look for the link from the CIAP homepage, coming soon.

## WIN WIN WIN

Check your GLS library membership card number. If one of these numbers is yours, you are the lucky winner of a \$50 credit at the Medsoc Bookshop @ JHH. Lucky numbers are: 1000010592 1000013012 1000011368  
Please call at the library to claim your prize. Others, watch this space in each issue of Interface – for your chance to win!!!

# Bibliotherapy

GPs in Britain are being encouraged to write a 'book prescription' to assist patients with mild to moderate mental health problems such as anxiety, depression and eating disorders. Approved booklists have been sent to GPs after research and a successful pilot program in Wales found there was good evidence to support the effectiveness of bibliotherapy in assisting patients to learn more about their illness and develop strategies to deal with their problems.

*ALN News.*

## CINAHL records one million entries

It's no wonder that one of the most pressing issues in modern library management is safe, long-term storage of digital data. Electronic bibliographic indexes and other databases are bulging at their hard drives with ever-increasing additions of records. CINAHL Information Systems announced last November that since starting its operations in 1982, the CINAHL database has recorded one million entries. However, it's unlikely to take another 23 years to reach the second million. It took 18 years to record the first half-million entries but less than five to reach the second half.

*Source: Medical Observer 11 February 2005*

## Did you know that HESTA:

- Has had 16 years of positive returns on its Core Pool\* to 30 June 2004, with a return of 15.5% for 2003/04
- Has a low \$1 per week administration fee
- Has almost 500,000 members, 30,000 employers and \$6 billion in assets
- Gives all profits for members
- Is the industry super fund for Health & Community Services

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\* The 5 year average return to 30 June 2004 is 7.2% p.a. Investments can go up and down. Past performance is not necessarily indicative of future performance. This information is about the Fund and is of a general nature. It does not take into account your objectives, financial situation or specific needs so you should look at your own financial position and requirements before making a decision. You may wish to consult an adviser when doing this. H.E.S.T. Australia Limited ACN 006 818 695 AFSL No. 235249

## Take a big breath – if you can.



Only 60% of patients needing oxygen receive it in a customary manner, according to the results of a study by Newcastle researchers published recently in the MJA. Dr John Attia, Professor Kichu Nair and Dr Karen Hitchcock found that oxygen is delivered to patients in medical wards in a variety of delivery methods, some of which have resulted in eight new classification terms including:

- **Transcephalic approach** – The facemask is perched on the patient’s head, over the frontal lobes. A method that may yield useful results in dementia or stroke.
- **Transbuccal approach** – nasal prongs are placed over the patient’s cheeks to allow percutaneous absorption.
- **Per rectal** – Serendipitous absorption from inadvertently sitting on nasal prongs.

A literature search by co-author and Gardiner Librarian, Steve Mears, shows that some of the newly classified methods have a lot in common with those used almost 120 years ago when it was believed that oxygen should be administered through the skin and subcutaneous tissues; and via the stomach, rectum, vagina and uterus.

The authors conclude that although inappropriate methods of oxygen delivery are a financial drain on any hospital budget, there may be a positive benefit: ‘nebulotherapy’ of hospital buildings as a result of abandoned nasal prongs and masks releasing a steady flow of oxygen into the atmosphere, can only be improving air quality for the rest of us.

*MJA 2004;181:677-8*

## Acting up



*Photo: [www.bull.ac.uk/history/dept/pipeline.htm](http://www.bull.ac.uk/history/dept/pipeline.htm)*

Concerned about the ability of cinematic depictions of doctors and how this might affect the public’s expectations of medicos, Dr Glenn Flores from the Medical College of Wisconsin, analysed the portrayal of doctors in 131 movies. He found that doctors in early films were portrayed as compassionate, caring and idealistic. But since the 1960s, their image has been going downhill. Negative portrayals are increasing with doctors frequently depicted as “greedy, egotistical, uncaring and unethical”. The ‘mad scientist’ stereotype is also on the rise where the doctor-researcher values research more than patient welfare. Dr Flores says that negative depictions may adversely affect the doctor-patient relationship and that films about doctors “can serve as useful gauges of public opinion and tools for medical education”.

*Archives of Disease in Childhood 2004;89(12):1084-8*

## Lectures provide a cosy spot for a bit of shut-eye.

Three Canadian physicians who counted the number of doctors nodding off during a two-day lecture series have produced a list of risk factors for presenters:

- Environmental – dim lighting; warm room temperature; and comfortable seating.
- Audiovisual – poor slides; and failure to speak into the microphone.
- Speaker-related – monotonous tone; tweed jacket and losing place in lecture.

Nod-off episodes per lecture (NOEL) were three to 24 per 100 attendees. However, some intrinsically boring talks had low NOEL rates, such as those with obscure topics, little data and no analyses. Factors that kept the audience alert included “wandering off to inspect the screen, dropping the microphone or just raving ... and side bets among attendees on when the speaker’s prefatory comments would end and the actual topic of the lecture addressed.”

*Canadian Medical Association Journal 2004;171(12):1443-1444.*

# Latest Additions...

50<sup>+</sup> challenges: assessment and management. Thomson, C. Edinburgh: CL, 2002  
A-Z of orthopaedic radiology. Burnett, S. London: WB Saunders, 2000.  
Atlas of diseases of the nail. Rich, P. Boca Raton: Parthenon Pub. Group, 2003  
Australian health care system 2<sup>nd</sup> ed. Duckett, S. Melbourne: OUP, 2004  
Borderline personality disorder. Krawitz, R. Oxford: OUP, 2003  
Brain gender. Hines, M. Oxford: OUP, 2004  
Children with cancer: the quality of life. Eiser, C. Mahwah, JH: Lawrence Erlbaum, 2004.  
Circles of recovery. Humphreys, K. New York: CUP, 2004  
Clinical dermatology 3<sup>rd</sup> ed. Hunter, J. Malden Mass: Blackwell Science, 2002  
Clinical dermatology: a color guide to diagnosis & therapy. Habif, T. Lond.: Mosby, 2004.  
Clinical governance. Wright, J. Edinburgh: CL, 2003  
Clinical physiology made ridiculously simple. Goldberg, S. Miami: MedMaster, 1995  
Clinical psychomotor skills. Tollefson, J. Katoomba, NSW: Social Science Press, 2001  
Colour handbook of renal medicine. Pattison, J. et al (eds) Manson Pub, 2004  
Communication and the manager's job. Phillips, A. Melbourne: Ausmed Pub, 2003.  
Communicating with dying people and their relatives. Lugton, J. Melb: Ausmed, 2003  
Compartment syndromes. Styf, J. Boca Raton FL: CRC Press, 2003  
Conquering incontinence. Dornan P. Crows Nest, NSW: Allen & Unwin, 2003.  
Dermatology for clinicians. Joseph, M. Boca Raton: Parthenon Pub Group, 2002  
Dermatology for the boards and wards. Ayala, C. Malden, MA: Blackwell Science, 2001  
Dermatology: just the facts. Kerdel, F. NY: McGraw-Hill, 2003  
De-stressing doctors: a self-management guide. Sutherland, V. Butterworth Heinemann, 2003  
Diagnostic imaging, orthopaedics. Stoller, D. Salt Lake City, Utah: Amirsys, 2004.  
ECGs for nurses. Jevon, P. Oxford: Blackwell, 2003.  
Essentials of law for health professionals. Forrester, K. Sydney: Harcourt Australia, 2001.  
Essentials of clinical geriatrics 5<sup>th</sup> ed. Kane, R. NY: McGraw-Hill, 2003  
Family violence and nursing practice. Humphreys, J. Philadelphia: LW&W 2004  
Foundations & clinical applications of nutrition 3<sup>rd</sup> ed. Grodner, M. St. Louis: Mosby, 2004.  
Fractures of the distal radius 2<sup>nd</sup> ed. Fernandez, D. NY: Springer-Verlag, 2002.  
Fundamentals of perioperative management. Green, K. London: Greenwich Medical Media, 2003.  
Guide for clinical trial staff. Fortwengal, G. Basel: Karger, 2004.  
Hippocratic oath and the ethics of medicine. Miles, S. NY: Oxford University Press, 2004  
History of surgery. Ellis, H. London: Greenwich Medical Media, 2001  
Hypospadias surgery: art and science. Ahmed T. Hadidi(ed) NY: Springer, 2003  
Instrumentation for the operating room: a photographic manual. Brooks, T. St. Louis: Mosby, 2003  
Introduction to podopaediatrics 2<sup>nd</sup> ed. Thomson, P. Edinburgh: CL, 2001.  
Isokinetics and muscle testing. 2<sup>nd</sup> ed. Dvir, Z. NY: CL, 2004.  
Modern neuromuscular techniques 2<sup>nd</sup> ed. Chaitow, L. Edinburgh: CL, 2003.  
Morson and dawson's gastrointestinal pathology 4<sup>th</sup> ed. Day, D. Oxford: Blackwell, 2003.  
Neale's disorders of the foot 6<sup>th</sup> ed.. Lorimer, D. et al. Philadelphia: CL, 2002.  
Netter's obstetrics, gynecology and women's health. Smith, R. Teterboro: Icon Learning, 2002  
Only EKG book you'll ever need 4<sup>th</sup> ed. Philadelphia: LW&W, 2003  
Orthopaedics at a glance. Gann, N. Thorofare, NJ: Slack, 2001.  
Orthopedic examination, evaluation & intervention. Dutton, M. NY: McGraw Hill, 2004.  
Orthopedic rehabilitation science. Lundon, K. Boston: Butterworth-Heinemann, 2000.  
Oxford textbook of palliative medicine 3<sup>rd</sup> ed. Doyle, D. (ed) Oxford: OUP, 2004  
Ultrasound secrets. Dogra, V. et al. Hanley & Belfus, 2003.

## Hours of Operation

### John Hunter Hospital

Mon – Fri 8.30am – 8.00pm  
Sat 9.00am – 5.00pm  
Sun 1.00pm – 5.00pm

Phone: (02) 4921 3779  
Fax: (02) 4921 3775

### Mater Hospital

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### Royal Newcastle Hospital

Mon – Fri 9.00am – 5.00pm

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Fax: (02) 4923 6764

Email: [gardlib@hnehealth.nsw.gov.au](mailto:gardlib@hnehealth.nsw.gov.au)  
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